

East Carroll Parish Child Nutrition Program
 Cycle Menu 6
 Mar. 31- April 24

Monday	Tuesday	Wednesday	Thursday	Friday
30 Eggs Cheesy Grits Biscuits (WW) Juice Corn Dogs French Fries Fruit Cup WW Brownie	31 Cereal/ Cin. Toast Juice Meatloaf Potatoes w/Gravy Green Beans Peaches Roll WW	1 Assorted Cereal / Apple Halves or Scrambled Eggs Ham Apple Halves Biscuit Chicken Strips Macaroni & Cheese W.W. Roll Dark Green Salad Tropical Fruit Cup	2 Assorted Cereal/ French Toast or French Toast Sausage Scrambled Eggs Orange Juice Oven Fried Chicken Rice w/ Gravy Broccoli w/cheese Pear Halves Roll (WW)	3 Assorted Cereal/Fruit Cup or Grits Sausage Links Toast Fruit Cup Pizza Garden Salad Corn Cookie WW Cheese Cup
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
6 Assorted Cereal/ Bananas or Ham & Cheese Croissant Bananas <i>Country Fried Steak</i> <i>Rice w/Gravy</i> <i>Roll</i> <i>Peas & Carrot</i> <i>Apple Crisp</i>	7 Assorted Cereal/Oranges Wedges or Breakfast Pizza Orange Wedges Spaghetti w/ Meatsauce Creamstyle Corn Garden Salad Roll (WW) Cheese Cup	8 ‘Managers Choice’ Easter Dinner	9 Cinnamon Roll WW Cheeseburger French Fries Sand. Salad Cup Fruit Cup	10 “Good Friday” Easter Holiday
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
13 Easter Holiday	14 Cereal/Cin. Toast Fresh Fruit Choice Chilli Mac Dark Green Salad Pineapples Cornbread (WW) Cheese Cup	15 Cheesy Grits (LF) Egg Biscuit Juice Breaded Chicken Breast Cheesy Potatoes Green Beans Frozen Fruit Bar	16 Cereal/Graham Treat Juice Roast Beef Rice w/Gravy Cheesy Green Beans Fruit Slush or Pear Halves Roll (WW)	17 Honey Bun(WW) Juice Tacos Taco Salad Cup Mexican Corn Cinnamon Roll (WW) Cheese Cup
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk

20 Cheesy Grits (LF) Eggs Biscuit Juice Ham & Cheese Po Boy Sandwich Salad Cup Orange Wedges W. W. Brownie French Fries	21 Donut Juice Red Beans Rice w/Ham (BR) Sweet Potatoes Mustard Greens Cornbread	22 Cereal/Graham Treat Fresh Fruit Corn Dogs Baked Beans Tropical Fruit w/Gelatin WW Cookie	23 Cinnamon Roll Juice Baked Chicken Broccoli Cheese & Rice Casserole (2/3 Cup) WW Roll Apple	24 Pancakes & Ham Juice Pizza W. W. Dark Green Salad Fresh Fruit Steamed Corn Ice Cream Cup
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk

Legend: L-Lite
LF- Lowfat
WW- Whole Wheat
BR- Brown Rice